County of Los Angeles Department of Mental Health is approved as a continuing education provider by the following:

- California Board of Behavioral Sciences (Provider #PCE278) for Licensed Clinical Social Workers and Marriage and Family Therapists
- California State Board of Registered Nursing (Provider #CEP5990) for Registered Nurses, Licensed Vocational Nurses and Licensed Psychiatric Technicians
- California Association of Alcoholism and Drug Abuse Counselors (Provider #2N-91-267-0811)

#### Please Note:

- ⇒ Registration Confirmation: **ONLY** e-mail confirmations will be sent
- ⇒ Registration Deadline April 30, 2014
- $\Rightarrow$  No Refund after May 15, 2014
- ⇒ Credit Cards will not be accepted
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- No preparation is required for this training/conference;
   Please apply at the CEU table on the day of event.

For additional information regarding this conference please
Contact: (213) 639-6396 or
MHASConference@dmh.lacounty.gov

Fax (213) 386-1297



## Conference Presented By:

## Los Angeles County Board of Supervisors:

Gloria Molina First District

Mark Ridley-Thomas Second District

> Zev Yaroslavsky Third District

Don Knabe Fourth District

Michael D. Antonovich Fifth District

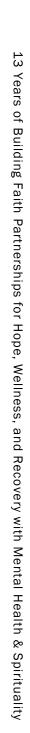
## Los Angeles County Department of Mental Health

Marvin J. Southard, D.S.W., Director

## **MHSA Funded**





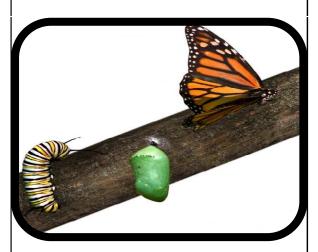




Los Angeles County Department of Mental Health Community & Government Relations 550 S. Vermont Ave., 12th Floor Los Angeles, CA 90020

## Los Angeles County Department of Mental Health Presents:

# 13TH ANNUAL CONFERENCE ON MENTAL HEALTH & SPIRITUALITY



# THE YEAR OF TRANSFORMATION

Date: May 29, 2014

Time: 7:30 AM - 5:00 PM

Cathedral of Our

Lady of the Angels

555 W. Temple Street

Los Angeles, CA 90012

MHSA Funded

#### **About the Conference**

The Year of Transformation" is here! You are welcome to this annual Mental Health & Spirituality Conference which now integrates mental health, substance abuse, and spirituality. We offer dynamic keynote speakers and unique workshops that have been applied for CEU, CE and CME credits. Our objective is to facilitate robust discussions on how spirituality is utilized as an effective tool in the treatment of mental health and substance use disorders. Our desire is to encourage the cross pollination between the mental health providers on one hand and the clergy or congregational people on the other hand so ultimately our community - our village - would be adequately served.

#### Kevnote Speakers



## Fr. Luke Dysinger, O.S.B. (MD. D.Phil): Saint Andrew's Abbey

Fr. Dysinger, O.S.B. (M.D., D.Phil.) studied religion and medicine at the University of Southern California from 1970-1978, receiving his BA in 1974 and his MD in 1978. He was board certified in Family Practice after internship and

residency at UCLA, and he joined the Benedictine community of Saint Andrew's Abbev in 1980, making solemn profession in 1985 and receiving priestly ordination in 1986. He studied theology at Oxford University, receiving his D.Phil, in theology in 2000. He has published a book on the early Christian theologian. Evagruis Ponticus, and numerous articles on the spirituality of the desert fathers and mothers. He has taught theology and biomedical ethics at a variety of institutions in southern California, including the University of Southern California, Mount St. Mary's College, and St. John's Seminary in Camarillo, where he is currently professor of moral theology and church history, and chair of the department of moral theology. He has served as a consultant and member of the bioethics committees at Los Angeles County USC Medical Center, St. Vincent Medical Center in Los Angeles and St. Francis Medical Center in Lynwood. He is a charter member and chair of the Bioethic Committee at the Antelope Valley Hospital Medical Center in Lancaster, where he is a member of the medical staff.



#### Oscar Wright, Ph.D.: United Advocates for Children and **Families**

Dr. Wright is the Chief Executive Officer of the United Advocates for Children and Families (UACF). As a parent and caregiver of a special needs child, Dr. Wright brings first-hand experience to the job as an advocate who has navigated the

mental health system.\* Dr. Wright has a diverse and extensive background in business, public service and nonprofit social work. Most recently, he was the Executive Director of Communities In Schools of San Francisco, a 3. nonprofit he developed at the behest of Communities in Schools National, and funded in the early stages by Gap. Inc. Communities In Schools is the largest stay-in-school network in the nation. \* Dr. Wright has also served 4. under a United States President and three California Governors in the capacity of Regional Administrator of the United States Small Business Administration, Executive Director of the Office of Public School Construction, California's First Small Business Advocate and Deputy Director of the California Employment Training Panel to name a few. Working in conjunction 6. with the UACF Board of Directors, Dr. Wright has initiated a new parent-driven initiative titled 'Empower Parents, Invest in Children (EPIC) which includes a Faith-Based Social Service component, Faith Share 360°.Dr. Wright has a Bachelor's Degree in Political Science (Pre-Law), Master's of Business Administration, Ph.D. in Biblical and Theological Studies and lives in Sacramento with his wife and three daughters.

#### Conference Agenda

7:30am - 8:30am Registration

8:30am - 8:45am Opening Ceremony: "Call to Prayer"

Hafiz Ameer

Chanter at Islamic Center of Inland Empire

Alberto Fayad

Lead Chanter of St. Nicholas Antiochian Orthodox Cathedral

Invocation

Rabbi Susan Goldberg, Wilshire Boulevard Temple

8:45am - 9:15am

Welcome

Dr. Marvin J. Southard, Director

Los Angeles County Department of Mental Health Adrienne Cedro-Hament, Conference Chair Los Angeles County Department of Mental Health

9:15am - 10:45am

Morning Keynote

"Christian Spiritual Practices in Clinical

Perspective" Fr. Luke Dysinger, O.S.B. (MD, D.Phil.)

10:45am - 11:00am

11:00am - 12:30pm

Concurrent Workshops

12:30pm - 1:30pm

Lunch: Cultural Performance Cantor Steve Puzarne

1:30pm - 3:00pm

Afternoon Keynote

"Break the Chains of Spiritual Depression" Oscar Wright, Ph.D.

3:00pm - 3:15pm

Dessert Break

3:15pm - 4:45pm

Repeat of Concurrent Workshops

4:45pm - 5:00pm

Closing Ceremony

SimranKaur Khalsa Sikh Dharma Minister

Benediction

Fr. Alexei Smith.

St. Andrew's Russian Greek Catholic Church

#### Workshop Topics Include

- The Role of Spirituality in the Recovery of Persons with Substance Use and Co-Occurring Mental Health Disorders
  - Stan B. Galperson, PsvD.
- 2. The Gift of Awareness
  - Jim Silva. Ph.D.
- Prevention and Response for Faith Community Members Responding to Victims of Sexual Abuse
  - Sumaya Abubaker and Suzanne Healy, LMFT
  - Buddhism and the Promotion of Wellness
- Bhante Chao Chu and Lourdes Arguelles, PhD.
- Spirituality-Infused Wellness & Recovery Services: Promoting Hope and
  - Ann Marie Yamada, PhD. and Andrew M. Subica, PhD.
- Integrating Culture and Spirituality within a Holistic Treatment Approach for Urban American Indians/Alaska Natives with Mental Health Problems - Daniel Dickerson, DO, MPH; Carrie Johnson, PhD. and Norma Blackwater, MD.
- Partnerships Transforming our Faith and Mental Health Communities - Deacon Tom Brandlin and Karen Macedonio
- Hinduism and Mental Health: A Review
  - Hanumantha Damerla. MD and Megha Reddy. ASW

#### \*Photo and Video Disclosure

Los Angeles County Department of Mental Health may use/disclose photographs and audio-video recordings of attendees. They may be used in motion picture, still photography in any form, future brochures/programs, editorial, or any and all other lawful purposes

Date: May 29, 2014 Time: 7:30am - 5:00pm Cathedral of Our Lady of the Angels 555 W. Temple St.; Los Angeles, CA 90012



#### From the North

If you are taking the 101 South:

Take the 101 Hollywood Freeway South to downtown. Exit on Broadway and make two right turns-Broadway, then Temple. After crossing Hill Street, turn right from Temple Street into the parking

If you are taking the Harbor Freeway, 110 South:

Exit at Hill Street. After you cross over the 101 Freeway, the entrance to the parking structure will be located on your right.

#### From the South

If you are taking the Harbor Freeway, 110 North:

Stay on the 110 North to downtown, approaching the 101, 5, and 10 freeway merge. Take the freeway exit marked 5 South, 10 San Bernardino-Freeway" (merge to the right). Do not take the 101 Freeway to Hollywood. You will travel on the merge lane for the 5 and 10 Freeways for about 100 yards, exit at Temple. At the end of the freeway ramp, turn left on Temple. Proceed over the Grand intersection and the Temple street parking entrance will be on your left before Hill street.

#### From the East (or North on 5)

If you are taking the Pomona 60 West or traveling North on the Santa Ana 5:

Take the Hollywood 101 Freeway North to downtown. You will pass. through the tunnel, proceed approximately one mile to the Grand Avenue exit. Turn right on Grand Avenue, turn left on Temple Street, and turn left into the parking garage from Temple Street.

### **Public Transportation**

- Metro Rail lines From LAX to Union Station For more information: http://www.mta.net
- Flyaway Bus Service For more information: http://www.lawa.org

#### Hotels

Hotels located in the downtown area: Omni Hotel: California Plaza: Double Tree: The LA Hotel: The Westin Bonaventure: Millennium Baltimore Hotel: Hilton Checkers and Sheraton.

## 2014 Annual Conference on Mental Health & Spirituality The Year of Transformation (Seating is Limited - Please Register Early! Completed form due by April 30, 2014) Please Print Clearly Organization Address City/State/Zip Phone E-mail Special Needs: ■ Wheelchair Accommodation □ American Sign Language Language Interpretation: Please Select One: Faith Community \$25.00 Clergy: Other Congregational • (Religious Faith: LA County Consumer/Family Member (Scholarship) Consumer \*(Scholarship info contact Neydi Abrams (213) 738-3777) Family Member \*(Scholarship info contact Family Engagement (213) 738-3948 or Email FamilyAdvocate@dmh.lacounty.gov) Other County Consumers/ Student Rate \$37.75 Family Members \$25.00 Community Provider \$125.00 General Public \$125.00 County Staff \$37.75 DCFS Staff ■ LACDMH Staff Other:\_ LACDMH Directly Operated Employees Only (Supervisors approval required) Employee Number Supervisor Name (Print) Supervisor Signature

## Checks/Money Order Payable to: Los Angeles County DMH

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Amount Paid: \$

Check/Money Order#:

County of Los Angeles Department of Mental Health Office of the Director/CGRD Attn: Destiny Walker 550 S. Vermont Ave., 12th Floor Los Angeles, CA 90020